

NSRA Aldersley
Aldersley Leisure Village
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'Hands Face Space' Guidance for Clubs using the NSRA Aldersley Centre

Indoor and Outdoor Ranges

1. Introduction

The NSRA has reviewed the government's recent announcement regarding the lifting of lockdown restrictions on 19 July 2021 and the latest government policies that have followed.

In order to ensure the safety of both our staff and visitors to the NSRA Aldersley Centre and the fact that Covid cases are continuing to increase, we have taken the decision to keep a number of measures in place for the time being. These measures will be reviewed again in early August.

The basic principle we have adopted is to continue with 'hands, face, space'. In practical terms this means:

- hands use sanitiser after touching shared surfaces
- face wear a face mask when in public areas
- space where possible maintain social distancing, for example firing points will continue to be spaced out

2. Pre Arrival

- **If any member or guest of your club, or someone in their household, has Covid-19 symptoms (or has had a positive test result) they should stay at home and must not attend the NSRA Aldersley centre under any circumstances. This includes anyone who has been told to self-isolate under the NHS test and trace service or via the NHS 'App'.**
- The club should encourage members and guest competitors to bring their own face mask and hand sanitiser with them. The club should also bring a supply of face masks for competitors who may have forgotten to bring a mask.
- The club should prepare a squadding sheet, clearly listing who is shooting and when. Consideration should be given to ensuring the range does not become overcrowded at any time.
- Visitors can be on the range (together with club officials and shooters) but must wear facemasks in indoor ranges and maintain a distance from each other.

3. Arrival

- We recommend that all members (including visitors/supporters) wear a face mask when inside the NSRA Aldersley Centre.
- The Club should inform competitors to arrive no earlier than 15 minutes before they are due to shoot, this is to minimise the number of people on the range and inside the Aldersley centre at any time.
- Shooters should come to the club event ready to shoot and avoid changing their clothes while onsite.
- At all times you should maintain a 2m distance from other visitors to the centre.

4. Shooting

The NSRA Aldersley Centre has both indoor and outdoor ranges, the table below shows which category each range is in and the maximum number of concurrent shooters permitted:

Location	Max. Capacity
10 m A range - Indoor	10
25 m Range - Indoor	4
Outdoor Range	12

4.1 Outdoor ranges

- Refer to the table above for the maximum number of concurrent shooters for your range.
- No equipment should be shared between competitors (guns, spotting scopes, ear defenders, ammunition etc).
- Please do not move firing points closer together.
- The firing point tables should be wiped down with the supplied sanitiser at the start/end of the session and between each detail.
- Turning target hand controls (where used) should be wiped down with the supplied sanitiser at the start of the session, between each detail and when returned to reception.
- Electronic target controls and competitor screens/controls (where used) should be wiped down with the supplied sanitiser at the start/end of the session and between each detail.
- Competitors may remove their face masks when they are at the firing point. At all other times we recommend masks to be worn inside the NSRA Aldersley Centre.
- When a detail is complete, competitors should remove their equipment from the point and then vacate the range.
- On outdoor ranges Range Officers, organisers and visitors do not have to wear face masks. At all other times we recommend masks to be worn inside the NSRA Aldersley centre.
- No food or drink is permitted to be consumed on the range. Competitors may drink from their own water bottles while shooting, a screw top or lidded vessel is recommended to avoid lead contamination.
- The club should ensure that steps are taken to avoid people needing to unduly raise their voices to each other in an attempt to reduce the chances of passing on the virus through aerosol and droplet transmission.

4.2 Indoor ranges

- Refer to the table above for the maximum number of concurrent shooters for your range.
- No equipment may be shared between competitors (guns, spotting scopes, ear defenders, ammunition etc).
- Please do not move firing points closer together.
- The firing point tables should be wiped down with the supplied sanitiser at the start/end of the session and between each detail.
- Electronic target controls and competitor screens/controls (where used) should be wiped down with the supplied sanitiser at the start/end of the session and between each detail.
- Competitors may remove their face masks when they are at the firing point. At all other times we recommend masks be worn while on the range or inside the NSRA Aldersley Centre.
- When a detail is complete, competitors should remove their equipment from the point and then vacate the range.
- Range Officers, organisers and visitors should wear face masks at all times and maintain distancing where possible.
- No food or drink is permitted to be consumed on the range. Competitors may drink from their own water bottles while shooting, a screw top or lidded vessel is recommended to avoid lead contamination.
- The club should ensure that steps are taken to avoid people needing to unduly raise their voices to each other in an attempt to reduce the chances of passing on the virus through aerosol and droplet transmission.

6. Departure

When the session has finished, firing points and control equipment should be wiped down, all used targets removed and any rubbish placed in the bins provided.

After exiting the NSRA Aldersley Centre, all users should sanitise their hands.

7. Club room

When sitting at a table in the clubroom, facemasks may be removed.