



<b>Conditions</b>	
Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 5. <b>League</b> competition.
Course of Fire	20 shots at 50 yards or 50 metres and 20 shots at 100 yards per team member per round.
Targets	Long Range Rifle (5002, MM12 or MM13/89, and 1001 or 1003BM)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	

<b>Prizes &amp; Awards</b>	
Winners, Division 1	The Twining Challenge Cup Pennant, 5 National League Badges, Team Certificate and the title of Champion Team of the year.
Winners, Division 2	The Patriotic Challenge Shield No 4
Winners, Division 3	The Heslop Challenge Shield
Winners, Division 4	The ICI Civilian Marksman Challenge Trophy
Winners, Division 5	The Patriotic Challenge Shield No 3
Winners, except Division 1	5 National League Gold Medals and Team Certificate
Runners-up, all Divisions	Team Certificate



<b>Conditions</b>	
Eligibility	Category A Clubs currently affiliated to the NSRA having a range in Scotland. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 5. <b>League</b> competition.
Course of Fire	20 shots at 50 yards or 50 metres and 20 shots at 100 yards per team member per round.
Targets	Long Range Rifle (5002, MM12 or MM13/89, and 1001 or 1003BM)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	A team entering this competition and the National League (Competition 100) may shoot its matches concurrently by arrangement with the NSRA

<b>Prizes &amp; Awards</b>	
Winners Division 1	The Scottish League Shield Pennant, 5 Scottish League Badges and Team Certificate
Winners Division 2	The Solway Trophy
Winners Division 3	The Lincluden Trophy
Winners, except Division 1	5 Scottish League Gold Medals and Team Certificate
Runners-up, all Divisions	Team Certificate



**Conditions**

Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 5. <b>League</b> competition.
Course of Fire	20 shots at 50 yards or 50 metres and 20 shots at 100 yards per team member per round.
Targets	Long Range Rifle (5002, MM12 or MM13/89, and 1001 or 1003BM)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	Any sights may be used.

**Prizes & Awards**

Winners all Divisions	5 NSRA Small Gold Plaquettes and Team Certificate
Runners-up, all Divisions	Team Certificate

**Competition 103****50 Yards or 50 Metres****Prone Rifle****Conditions**

Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 5. <b>League</b> competition.
Course of Fire	40 shots at 50 yards or 50 metres per team member per round.
Targets	Long Range Rifle (5002, MM12 or MM13/89)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	

**Prizes & Awards**

Winners, all Divisions	Five 50 Yards/50 Metres League Gold Medals and Team Certificate
Runners-up, all Divisions	Team Certificate



<b>Conditions</b>	
Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 4. <b>League</b> competition.
Course of Fire	20 shots at 50 yards (or 50 metres, see below) per team member per round.
Targets	Long Range Metric Rifle (MM8)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	If a 50 yard range is unavailable, this event can be shot at 50 metres, but the use of the MM8 target still applies.

<b>Prizes &amp; Awards</b>	
Winners, Division 1	Mrs Edwin L Bell Challenge Trophy
Winners, all Divisions	4 Metric League Silver Medals and Team Certificate
Runners-up, all Divisions	Team Certificate



<b>Conditions</b>	
Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA, and have attained the age of 60 by 31st December of the previous year. Clubs may enter more than one team.
Format	Teams of 3. <b>League</b> competition.
Course of Fire	20 shots at 50 yards or 50 metres and 20 shots at 100 yards per team member per round.
Targets	Long Range Rifle (5002, MM12 or MM13/89, and 1001 or 1003BM)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	A team entering this competition and the National League (Competition 100) may shoot its matches concurrently by arrangement with the NSRA.

<b>Prizes &amp; Awards</b>	
Winners, all Divisions	3 National League Gold Medals and Team Certificate
Runners-up, all Divisions	Team Certificate



<b>Conditions</b>	
Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 5. <b>League</b> competition.
Course of Fire	10 shots at 15, 20 or 25 yards or 25 metres per team member per round.
Targets	Short Range Rifle (1510BM, 2010BM, 2510BM, 25M10BM)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	

<b>Prizes &amp; Awards</b>	
Winners, all Divisions	5 Short Range League Gold Medals and Team Certificate
Runners-up, all Divisions	Team Certificate
Clubs may purchase one Short Range League Best Average Gold Medal for each team they enter, for award to the team member with the highest average over not less than 75% of the matches shot by the team.	





**Conditions**

Eligibility	Category A Clubs. Team members <u>are not</u> required to be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 4. Competition shot in two sections according to age - under 18 or under 15 on the day of shooting. Competitors under 15 may also shoot in the under 18 section.
Course of Fire	20 shots deliberate per team member, 10 each at two cards at 15, 20 or 25 yards, or 25 metres.
Targets	Short Range Rifle (1510BM, 2010BM, 2510BM or 25M10BM)
Period of Shooting	<b>Summer</b> - May to July
Special Conditions	Any 0.22 rimfire calibre rifle may be used. Any foresight and rearsight may be used, but telescopic / optical sights are <b>not</b> permitted Coaching and spotting allowed.

**Prizes & Awards**

Winners, Under 18	Mrs E B Caird Challenge Cup and four NSRA Small Gold Plaquettes
Sea Cadet team with the best score, U18	The Sea Cadets Corps Bowl
Winners, Under 15	The Harvey Hadden Challenge Trophy No 2 and four NSRA Small Gold Plaquettes
Army Cadet Force team with the best score, U15	The ACF Summer Bowl
Runners-up, both sections	Four NSRA Small Silver Plaquettes (if more than five entries in each section)



**Competition 140****50 Yards or 50 Metres****3P Rifle****Conditions**

Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 3. <b>League</b> competition.
Course of Fire	60 shots (20 prone, 20 standing, 20 kneeling) at 50 yards or 50 metres per team member per round.
Targets	Long Range Rifle (5002, MM12 or MM13/89)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	To be shot in accordance with ISSF Rules on rifles, equipment and time limits. Each position must be fired on one day, but different positions may be fired on different days. All positions must be fired on the same range.

**Prizes & Awards**

Winners, all Divisions	3 NSRA Small Gold Plaquettes and Team Certificate
Runners-up, all Divisions	Team Certificate



<b>Conditions</b>	
Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 3. <b>League</b> competition.
Course of Fire	20 shots (10 standing, 10 kneeling) at 15, 20 or 25 yards per team member per round.
Targets	Short Range Rifle (1505BM, 2005BM, 2505BM)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	To be shot in accordance with ISSF Rules on rifles, equipment and time limits. Each position must be fired on one day, but different positions may be fired on different days. All positions must be fired on the same range.

<b>Prizes &amp; Awards</b>	
Winners, Division 1	Thomas Sutton Challenge Cup
Winners, all Divisions	3 Standing & Kneeling League Gold Medals and Team Certificate
Runners-up, all Divisions	Team Certificate



<b>Conditions</b>	
Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 3. <b>League</b> competition.
Course of Fire	20 shots at 20 yards or 25 metres per team member per round.
Targets	Free Pistol (PL14, PL14/06, PL19)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	

<b>Prizes &amp; Awards</b>	
Winners, all Divisions	3 NSRA Small Gold Plaquettes and Team Certificate
Runners-up, all Divisions	Team Certificate



<b>Conditions</b>	
Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 3. <b>League</b> competition.
Course of Fire	20 shots at 10 metres per team member per round.
Targets	Air Rifle (Air 1, Air 2, Air 3/89, or any ISSF approved equivalent)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	Rifles must conform to ISSF Rules. Match crossbows may be used instead of air rifles.

<b>Prizes &amp; Awards</b>	
Winners, all Divisions	3 NSRA Small Gold Plaquettes and Team Certificate
Runners-up, all Divisions	Team Certificate



**Conditions**

Eligibility	Category A clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 3. <b>League</b> competition.
Course of Fire	20 shots at 20 yards or 50 metres per team member per round.
Targets	Slowfire pistol (PL15, PL15/09 - 20 yards; PL7 - 50 metres )
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	0.177/0.22 air pistols may be used. Free pistols may be used.

**Prizes & Awards**

Winners, Division 1	The Victory Challenge Cup
Winners, Division 2	Webley and Scott Challenge Cup
Winners, all Divisions	3 NSRA Small Gold Plaquettes and Team Certificate
Runners-up, all Divisions	Team Certificate



<b>Conditions</b>	
Eligibility	Category A clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 3. <b>League</b> competition.
Course of Fire	20 shots at 10 metres per team member per round.
Targets	Deliberate Air Pistol (Air 4/89 or any ISSF approved equivalent)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	Pistols must conform to ISSF Rules.

<b>Prizes &amp; Awards</b>	
Winners, all Divisions	3 NSRA Small Gold Plaquettes and Team Certificate
Runners-up, all Divisions	Team Certificate



**Conditions**

Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 3. <b>League</b> competition.
Course of Fire	20 shots at 20 or 25 yards or 25 metres per team member per round.
Targets	Short Range Benchrest (2010BR17, 2510BR15, 25M10BR15)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	All shooting must be in accordance with the NSRA rules for benchrest (Rule 8.16). See in particular the rules relating to the type of rest allowed (Rule 8.16.5).

**Prizes & Awards**

Winners, all Divisions	3 NSRA Gold Plaquettes and Team Certificate
Runners-up, all Divisions	Team Certificate





<b>Conditions</b>	
Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 3. <b>League</b> competition.
Course of Fire	20 shots at 50 metres per team member per round.
Targets	50 Metre Benchrest (50M10BR17, MM12BR15)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	All shooting must be in accordance with the NSRA rules for benchrest (Rule 8.16). See in particular the rules relating to the type of rest allowed (Rule 8.16.5).

<b>Prizes &amp; Awards</b>	
Winners, all Divisions	3 NSRA Gold Plaquettes and Team Certificate
Runners-up, all Divisions	Team Certificate



<b>Conditions</b>	
Eligibility	Category A Clubs currently affiliated to the NSRA. Team members must be Life, Annual or Associate members of the NSRA. Clubs may enter more than one team.
Format	Teams of 3. <b>League</b> competition.
Course of Fire	20 shots at 100 yards per team member per round.
Targets	100 Yard Benchrest (1001BR15)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	All shooting must be in accordance with the NSRA rules for benchrest (Rule 8.16). See in particular the rules relating to the type of rest allowed (Rule 8.16.5).

<b>Prizes &amp; Awards</b>	
Winners, all Divisions	3 NSRA Gold Plaquettes and Team Certificate
Runners-up, all Divisions	Team Certificate



<b>Conditions</b>	
Eligibility	Teams representing a City, Town, District or Borough Council area. A team member <u>is not</u> required to be a Life, Annual or Associate Member of the NSRA, but <u>must</u> be a member of an NSRA affiliated club. A team member must reside in the Council area or be a member of a club whose home range is in the Council area.
Format	Teams of 8. Single stage competition.
Course of Fire	30 shots at 15, 20 or 25 yards or 25 metres per team member.
Targets	Short Range Rifle (1510BM, 2010BM, 2510BM, 25M10BM)
Period of Shooting	<b>Summer</b> - March to April
Special Conditions	Each City, Town, District or Borough may enter only one team. The team must shoot their cards on the same range and the same day.

<b>Prizes &amp; Awards</b>	
Winners	Provincial Cities and Boroughs Challenge Trophy and 8 Cities and Boroughs Gold Medals
Leading Scottish Team	Wyllie Barr and Ross Challenge Trophy
Runners-up	8 Cities and Boroughs Silver Medals (if more than 5 entries)



<b>Conditions</b>	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual competition, shot in classes.
Course of Fire	Two courses of 60 shots at 100 yards. Each course may be fired as three series of 20 shots. Each series of 20 shots may be fired on separate days within the overall shooting period.
Targets	Long Range Rifle (1001 or 1003BM)
Period of Shooting	<b>Summer</b> - 1st Course - April to June 2nd Course - July to September
Special Conditions	Any sights may be used.  Competitors will be divided into classes of approximately equal size according to average.  The Junior award is open to those who are aged under 21 on 31st December of the year of entry.

<b>Prizes &amp; Awards</b>	
Winner, in each class and course	NSRA Small Silver Plaque
Second, in each class and course	NSRA Certificate
Winner – Aggregate in each class	NSRA Large Gold Plaque (where there are 2 to 5 competitors)
Second – Aggregate in each class	NSRA Large Silver Plaque (where there are 6 to 10 competitors)
Third – Aggregate in each class *	NSRA Large Bronze Plaque (where there are more than 10 competitors)
Leading Junior Overall	NSRA Large Gold Plaque

\* Additional bronze plaquettes may be awarded in the event of significantly higher entries.



<b>Conditions</b>	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual <b>league</b> competition.
Course of Fire	40 shots at 50 metres per round.
Targets	Long Range Rifle (MM12 or MM13/89)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	Where a 50 Metre range is not available, the competition may be shot at 50 Yards using the 5002 target.  An individual entering this competition and the 50 Yard/50 Metre League (Competition 103) may shoot their cards concurrently by arrangement with the NSRA.

<b>Prizes &amp; Awards</b>	
Winners, all Divisions	NSRA Individual Medal and Certificate
Runners-up, all Divisions	NSRA Certificate



<b>Conditions</b>	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual competition, shot in classes.
Course of Fire	Two courses of 60 shots at 50 Metres. Each course may be fired as three series of 20 shots. Each series of 20 shots may be fired on separate days within the overall shooting period.
Targets	Long Range Rifle (MM12 or MM13/89)
Period of Shooting	<b>Summer</b> - 1 <sup>st</sup> Course - April to June 2 <sup>nd</sup> Course - July to September
Special Conditions	Competitors will be divided into classes of approximately equal size according to average.  Where a 50 Metre range is not available, the competition may be shot at 50 Yards using the 5002 target.

<b>Prizes &amp; Awards</b>	
Winner, in each class and course	NSRA Small Silver Plaquette
Second, in each class and course	NSRA Certificate
Winner – Aggregate in each class	NSRA Large Gold Plaquette (where there are 2 to 5 competitors )
Second – Aggregate in each class	NSRA Large Silver Plaquette (where there are 6 to 10 competitors )
Third – Aggregate in each class *	NSRA Large Bronze Plaquette (where there are more than 10 competitors )

\* Additional bronze plaquettes may be awarded in the event of significantly higher entries.



<b>Conditions</b>	
Eligibility	Life, Annual or Associate members of the NSRA, who have attained the age of 60 by 31st December of the previous year.
Format	Individual <b>league</b> competition.
Course of Fire	40 shots at 50 metres per round.
Targets	Long Range Rifle (MM12 or MM13/89)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	Where a 50 Metre range is not available, the competition may be shot at 50 Yards using the 5002 target.  An individual entering this competition and the 50 Yard/50 Metre League (Competition 103) may shoot their cards concurrently by arrangement with the NSRA.

<b>Prizes &amp; Awards</b>	
Winners, all Divisions	NSRA Individual Medal and Certificate
Runners-up, all Divisions	NSRA Certificate





<b>Conditions</b>	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual <b>league</b> competition.
Course of Fire	20 shots at 20 or 25 yards or 25 metres per round.
Targets	Short Range Benchrest (2010BR17, 2510BR15, 25M10BR15)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	All shooting must be in accordance with the NSRA rules for benchrest (Rule 8.16). See in particular the rules relating to the type of rest allowed (Rule 8.16.5).

<b>Prizes &amp; Awards</b>	
Winners, all Divisions	NSRA Individual Medal and Certificate
Runners-up, all Divisions	NSRA Certificate



**Conditions**

<b>Conditions</b>	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual <b>league</b> competition.
Course of Fire	10 shots at 15, 20 or 25 yards or 25 metres per round.
Targets	Short Range Rifle (1510BM, 2010BM, 2510BM, 25M10BM)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	An individual entering this competition and the National Short Range League (Competition 110) may shoot their cards concurrently by arrangement with the NSRA.

**Prizes & Awards**

<b>Prizes &amp; Awards</b>	
Winners, all Divisions	NSRA Individual Medal and Certificate
Runners-up, all Divisions	NSRA Certificate



<b>Conditions</b>	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual competition shot in classes based upon the number of entries.
Course of Fire	Three courses of 30 shots at 20 yards or 25 metres standing.
Targets	Free Pistol (PL14, PL14/06, PL19)
Period of Shooting	<b>Summer</b> - May to July
Special Conditions	<p>Cards for each course must be shot on a single day.</p> <p>Any sights may be used.</p> <p>Junior awards are open to those who are aged under 21 on 31st December of the year of entry.</p>

<b>Prizes &amp; Awards</b>	
Winner, of each course, in each class	NSRA Certificate
Winner – Aggregate of all three sets in each class	NSRA Large Gold Plaquette (where there are 2 to 5 competitors )
Second – Aggregate of all three sets in each class	NSRA Large Silver Plaquette (where there are 6 to 10 competitors )
Third – Aggregate of all three sets in each class	NSRA Large Bronze Plaquette (where there are more than 10 competitors )
Leading Junior Overall	NSRA Large Gold Plaquette



<b>Conditions</b>	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual competition shot in classes based upon the number of entries.
Course of Fire	Three courses of 30 shots prone at 15, 20 or 25 yards.
Targets	Short Range Cadets & Schools Rifle (1505CS, 2005CS, 2505CS)
Period of Shooting	<b>Summer</b> - May to July
Special Conditions	<p>Cards for each course must be shot on a single day.</p> <p>Any sights may be used.</p> <p>Junior awards are open to those who are aged under 21 on 31st December of the year of entry.</p>

<b>Prizes &amp; Awards</b>	
Winner, of each set, in each class	NSRA Certificate
Winner – Aggregate of all three sets in each class	NSRA Large Gold Plaque (where there are 2 to 5 competitors )
Second – Aggregate of all three sets in each class	NSRA Large Silver Plaque (where there are 6 to 10 competitors )
Third – Aggregate of all three sets in each class	NSRA Large Bronze Plaque (where there are more than 10 competitors )
Leading Junior Overall	NSRA Large Gold Plaque



<b>Conditions</b>	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual competition shot in classes based upon the number of entries.
Course of Fire	<p>Three courses of 30 shots at 20 yards or 25 metres standing.</p> <p>Each course of 30 shots consists of the following:</p> <ul style="list-style-type: none"> <li>• 2 series of 5 shots, each in 150 seconds</li> <li>• 2 series of 5 shots, each in 20 seconds</li> <li>• 2 series of 5 shots, each in 10 seconds</li> </ul> <p>No sighting shots are permitted after the first competition series has been fired.</p>
Targets	Free Pistol (PL14, PL14/06, PL19)
Period of Shooting	<b>Summer</b> - May to July
Special Conditions	<p>Cards for each course must be shot on a single day.</p> <p>Any sights may be used.</p> <p>Junior awards are open to those who are aged under 21 on 31st December of the year of entry.</p>

<b>Prizes &amp; Awards</b>	
Winner, of each set, in each class	NSRA Certificate
Winner – Aggregate of all three sets in each class	NSRA Large Gold Plaquette (where there are 2 to 5 competitors )
Second – Aggregate of all three sets in each class	NSRA Large Silver Plaquette (where there are 6 to 10 competitors )
Third – Aggregate of all three sets in each class	NSRA Large Bronze Plaquette (where there are more than 10 competitors )
Leading Junior Overall	NSRA Large Gold Plaquette



<b>Conditions</b>	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual <b>league</b> competition.
Course of Fire	10 shots at 20 yards or 25 metres standing per round.
Targets	Free Pistol (PL14, PL14/06, PL19)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	Any sights may be used.

<b>Prizes &amp; Awards</b>	
Winners, all Divisions	NSRA Individual Medal and Certificate
Runners-up, all Divisions	NSRA Certificate



<b>Conditions</b>	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual competition shot in four classes.
Course of Fire	Two courses of 60 shots at 10 metres.
Targets	Air Rifle (Air 1, Air 2, Air 3/89, or ISSF approved equivalent)
Period of Shooting	<b>Summer</b> - April to May
Special Conditions	<p>The two courses may be shot on a single day.</p> <p>Rifles must conform to ISSF Rules.</p> <p>Match crossbows may be used instead of air rifles.</p> <p>Competitors will be divided into classes according to average ex 200:</p> <p>The Junior award is open to those who are aged under 21 on 31st December of the year of entry.</p>

<b>Prizes &amp; Awards</b>	
Winner – Aggregate of both courses in each class	NSRA Large Gold Plaquette (where there are 2 to 5 competitors )
Second – Aggregate of both courses in each class	NSRA Large Silver Plaquette (where there are 6 to 10 competitors )
Third – Aggregate of both courses in each class	NSRA Large Bronze Plaquette (where there are more than 10 competitors )
Leading Junior Overall	NSRA Large Gold Plaquette





<b>Conditions</b>	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual <b>league</b> competition organised in divisions according to average.
Course of Fire	20 shots at 10 metres per round.
Targets	Air Pistol (Air 4/89) or Air Rifle (Air 1, Air 2, Air 3/89) as appropriate to the airgun being used. ISSF approved airgun targets may also be used.
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	The competition is open to both air pistol and air rifle competitors, who will be placed in divisions according to their average, but irrespective of the airgun used. Divisions may therefore contain competitors of either discipline.

<b>Prizes &amp; Awards</b>	
Winners, all Divisions	NSRA Individual Medal and Certificate
Runners-up, all Divisions	NSRA Certificate



<b>Conditions</b>	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual competition shot in three classes.
Course of Fire	30 shots at 20 yards per competitor.
Targets	Slowfire pistol (PL15, PL15/09)
Period of Shooting	<b>Summer</b> - May to June
Special Conditions	Competitors will be divided into three classes according to average: The shoot must be completed on the same day. 0.177/0.22 air pistols may be used. Free pistols may be used. There is no minimum trigger weight.

<b>Prizes &amp; Awards</b>	
Winner, Class A	Tiger Trophy
Winner – in each class	NSRA Large Gold Plaque (where there are 2 to 5 competitors)
Second – in each class	NSRA Large Silver Plaque (where there are 6 to 10 competitors)
Third – in each class	NSRA Large Bronze Plaque (where there are more than 10 competitors)



<b>Conditions</b>	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual competition, shot in four classes.
Course of Fire	Two courses of 60 shots at 10 metres, five shots per target.
Targets	Deliberate Air Pistol (Air 4/89, or any ISSF approved equivalent)
Period of Shooting	<b>Summer</b> - April to May
Special Conditions	<p>Pistols must conform to ISSF Rules.</p> <p>The two courses may be shot on a single day.</p> <p>Competitors will be divided into classes according to average ex 200.</p> <p>The Junior award is open to those who are aged under 21 on 31st December of the year of entry.</p> <p>In the event of a tie in the Aggregate, the better score on the latest course will take precedence.</p>

<b>Prizes &amp; Awards</b>	
Winner – Aggregate of both courses in each class	NSRA Large Gold Plaquette (where there are 2 to 5 competitors )
Second – Aggregate of both courses in each class	NSRA Large Silver Plaquette (where there are 6 to 10 competitors )
Third – Aggregate of both courses in each class	NSRA Large Bronze Plaquette (where there are more than 10 competitors )
Leading Junior Overall	NSRA Large Gold Plaquette



<b>Conditions</b>	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual competition shot in classes based upon the number of entries.
Course of Fire	Three courses of 40 shots at 50 metres.
Targets	50 Metre Benchrest (50M10BR17, MM12BR15)
Period of Shooting	<b>Summer</b> - June to September
Special Conditions	<p>Competitors will be divided into a number of classes, according to entry, of approximately equal size according to average.</p> <p>Cards for each course must be shot on a single day.</p> <p>Any sights may be used.</p> <p>All shooting must be in accordance with the NSRA rules for benchrest (Rule 8.16). See in particular the rules relating to the type of rest allowed (Rule 8.16.5).</p> <p>Rifles of 0.22 calibre or less, rimfire cartridge or air, may be used.</p>

<b>Prizes &amp; Awards</b>	
Winner, of each course, in each class	NSRA Certificate
Winner – Aggregate of all three sets in each class	NSRA Large Gold Plaquette (where there are 2 to 5 competitors )
Second – Aggregate of all three sets in each class	NSRA Large Silver Plaquette (where there are 6 to 10 competitors )
Third – Aggregate of all three sets in each class	NSRA Large Bronze Plaquette (where there are more than 10 competitors )



<b>Conditions</b>	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual competition shot in classes based upon the number of entries.
Course of Fire	Three courses of 40 shots at 100 Yards.
Targets	100 Yard Benchrest (1001BR15)
Period of Shooting	<b>Summer</b> - June to September
Special Conditions	<p>Competitors will be divided into a number of classes, according to entry, of approximately equal size according to average.</p> <p>Cards for each course must be shot on a single day.</p> <p>Any sights may be used.</p> <p>All shooting must be in accordance with the NSRA rules for benchrest (Rule 8.16). See in particular the rules relating to the type of rest allowed (Rule 8.16.5).</p> <p>Rifles of 0.22 calibre or less, rimfire cartridge or air, may be used.</p>

<b>Prizes &amp; Awards</b>	
Winner, of each course, in each class	NSRA Certificate
Winner – Aggregate of all three sets in each class	NSRA Large Gold Plaque (where there are 2 to 5 competitors )
Second – Aggregate of all three sets in each class	NSRA Large Silver Plaque (where there are 6 to 10 competitors )
Third – Aggregate of all three sets in each class	NSRA Large Bronze Plaque (where there are more than 10 competitors )



<b>Conditions</b>	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual competition shot in classes based upon the number of entries.
Course of Fire	Three courses of 40 shots at 20 or 25 yards or 25 metres.
Targets	Short Range Benchrest (2010BR17, 2510BR15, 25M10BR15)
Period of Shooting	<b>Summer</b> - June to September
Special Conditions	<p>Competitors will be divided into a number of classes, according to entry, of approximately equal size according to average.</p> <p>Cards for each course must be shot on a single day.</p> <p>Any sights may be used.</p> <p>All shooting must be in accordance with the NSRA rules for benchrest (Rule 8.16). See in particular the rules relating to the type of rest allowed (Rule 8.16.5).</p> <p>Rifles of 0.22 calibre or less, rimfire cartridge or air, may be used.</p>

<b>Prizes &amp; Awards</b>	
Winner, of each course, in each class	NSRA Certificate
Winner – Aggregate of all three sets in each class	NSRA Large Gold Plaque (where there are 2 to 5 competitors )
Second – Aggregate of all three sets in each class	NSRA Large Silver Plaque (where there are 6 to 10 competitors )
Third – Aggregate of all three sets in each class	NSRA Large Bronze Plaque (where there are more than 10 competitors )



<b>Conditions</b>	
Eligibility	Life, Annual or Associate members of the NSRA.
Format	Individual <b>league</b> competition.
Course of Fire	20 shots at 50 metres per team member per round.
Targets	50 Metre Benchrest (50M10BR17, MM12BR15)
Period of Shooting	<b>Summer</b> - April to September
Special Conditions	All shooting must be in accordance with the NSRA rules for benchrest (Rule 8.16). See in particular the rules relating to the type of rest allowed (Rule 8.16.5).

<b>Prizes &amp; Awards</b>	
Winners, all Divisions	NSRA Individual Medal and Certificate
Runners-up, all Divisions	NSRA Certificate



<b>Conditions</b>	
Eligibility	Competitors <u>do not</u> need to be Life, Annual or Associate members of the NSRA.
Format	Individual competition shot in classes.
Course of Fire	Three courses. 10 ends each of 3 bolts, 1 shot per target (30 = 300 max score) per course.
Targets	40 cm (400 mm) FITA 3-Spot or “Vegas” targets at 10 metres. All scored by outward gauging; if the shaft of the bolt touches the line between scoring rings the lower score applies.
Period of Shooting	<b>Summer</b>
Special Conditions	Organised in five classes according to age. This competition is for Sport Crossbow equipment only, further defined as follows: <ul style="list-style-type: none"> <li>• Any mass produced “re-curve” cross bow which conforms to the original manufacturers specification (other than replacement of bow strings and the like).</li> <li>• Open sights <u>only</u> may be used e.g. pin, iron or aperture sights – no telescopes.</li> <li>• Specialised clothing (e.g. rifle jackets) designed to support the shooter is <u>not</u> permitted.</li> <li>• Reasonable adaptations for VI and disabled shooters are permitted.</li> </ul>

<b>Prizes &amp; Awards</b>	
Winners, all Classes	Cloth badge